



FLF PROGRAM (EAPD)

(Four Legged Freedom)

Volunteer/Sidewalker Program Information Sheet

Thank you for your interest in volunteering with our FLF Program. Our FLF program is under our Equine Assisted Personal Development Programs at Roycan's Country Haven. The FLF Program is for individuals who have the following mental or physical disabilities and will benefit from our EAPD program activities:

Muscular Dystrophy
Cerebral Palsy
Visual Impairment
Down's Syndrome
Cognitive & Behavioural Impairments
Autism Spectrum Disorders
Multiple Sclerosis
Spina Bifida and other Birth Defects
Brain and Spinal Cord Injuries
Amputations
Deafness/Hard of Hearing
Cardiovascular accident/Stroke

Clients for the program can be from age 4 yrs and over. Volunteer/Sidewalkers are needed for our Fall 2010 sessions starting Wed September 29, 2010. Must be 16 yrs and over to be a volunteer.

Volunteers assist in the classes by being a sidewalker. Each client has to supply at least one sidewalker for the 8 week participation in the program. For each client we need two sidewalkers. All Volunteers have to go through a mandatory training workshop for 6 hrs. This will be held Sat Sept 25th, from 9:00-12:00 and 1:00-4:00.

Class Times

Classes run during the day on Wed in Sept-Jan 2011. Each class is an hour long and there are 4 clients per class. If possible you are asked to commit for 8 weeks for 5 hrs per week.

Wed: 9:30 a.m.- 2:30 p.m.

Each session runs for 1 hr with ½ hr change over between clients. A Buffet lunch is available for all workers. (¾ an hour is allotted for lunch)

Requirements

Basic requirements are a comfort level around horses and the desire to help clients get the most out of each session. You need to be able to work as a Team member and have a very positive attitude. Volunteers also need to be able to walk and run in the arena. Sessions are 1 hr long with (1/2 hr break) in between clients. All activity is held in the indoor arena. Some volunteers may be asked to work for 5 hrs. The arena is heated and stays at around +1 during the winter months.

-All participants in the program MUST have a RCMP criminal check and Child Abuse registry documentation available to submit with their application form.

-Candice Kontzie (owner) makes the final decision on client and volunteer participation into the FLF program.

-Volunteers will be assigned to the same client each week as the schedule is created. Volunteers who know the client may not necessarily be assigned to that client.

How to Apply

Step One:

Complete an application form . Now send your application via e-mail info@roycan.ca (confirmation will be sent upon receiving) or
Mail: Roycan's Country Haven, Box 846 Portage la Prairie, MB R1N 3C3

Step Two:

Attend the "hands on" SideWalker Workshop. This session is mandatory;

SideWalker Workshop
Sat Sept 25th, 2010
9:00 a.m. – 4:00 pm
Roycan's Country Haven
www.roycan.ca

- The training session will begin in the classroom and then we will do some demonstrations and hands-on training in the barn and arena.
- Please wear clothing and footwear suitable for being around horses, dust, etc.
- If you will be attending please let us know email: info@roycan.ca or (phone (204) 239-4854)

2010-11 Volunteer Application (FLF Program)

Name: _____

Address: _____ **City/Town** _____ **Postal Code** _____

Telephone: Home _____ **Work /Cell** _____

E-mail _____

Place of Employment: _____

Age: under 16 yrs-18 over 18 yrs (*please check one*)

How did you hear about FLF need for volunteers? _____

What made you choose FLF Programs as a place to volunteer? _____

Do you have experience interacting with people with disabilities? No Yes If yes, describe.

Do you have experience with horses? No Yes If yes, describe.

Please list any additional skills, interests that you would be willing to share.

Availability

Wed during the day. 9:30-2:30 ____Yes ____No

If not able to commit from 9:30-2:30 what time can you commit during those times? _____

Please indicate any medical condition(s) we should be aware of:

Contact person in case of emergency:

Name: _____ Phone: Home _____ Work _____

Relationship to you (e.g. parent, spouse, friend) _____

Your connections with any client applying for the program: (name of client)

You have enclosed your: RCMP and Child Registry documents ____ YES ____ NO

You are available for the mandatory orientation for SideWalker Workshop Sat. Sept 25/10 9:00-4:00 p.m. ____ Yes ____ No

Volunteer Agreement with Roycan's Country Haven

- o In consideration of this application form, I hereby waive and release any and all claims against Roycan's Country Haven, their paid personnel, volunteers, for all injuries and expenses incurred by me during Roycan's Country Haven activities.
- o I further give my permission to Roycan's Country Haven and to persons designated by Roycan to make photographic, and/or audiovisual recordings of myself and to publish or display them.
- o In case of an emergency, the undersigned authorizes Roycan's Country Haven to provide such medical assistance as they determine to be necessary.
- o I understand that any personal information I am given regarding a client is confidential and I agree to keep that information in confidence.
- o Upon on arrival at Roycan's Country Haven for the mandatory orientation I agree to sign the standard waiver supplied by the Facility and which is enclosed on the website for review.

Print Applicant Name: _____

Signature of Applicant: _____ Date: _____

Print Parent or Guardian Name: _____

Signature of Parent or Guardian: _____ Date: _____

(Parent or guardian, only if applicant is under 18 years of age)