

Introducing BodyTalk Sessions

At Roycan's Country Haven we have expanded to include our "WELLNESS HAVEN" which includes the services of BodyTalk and Acupressure. We provide private sessions in the comfort of our cookhouse.

Both of these techniques can be given to humans, horses, dogs, cats etc...

Overview

BodyTalk is an astonishingly simple and effective holistic therapy that allows the body's energy systems to be re-synchronized so they can operate as nature intended. Each system, cell, and atom is in constant communication with each other at all times. Through exposure to the stresses of day-to-day life, however, these lines of communication can become compromised or disconnected, which then leads to a decline in physical, emotional and/or mental well-being. Reconnecting these lines of communication enables the body's internal mechanisms to function at optimal levels, thus repairing and preventing disease while rapidly accelerating the healing process. In this way, BodyTalk stimulates the body's innate ability to balance and heal itself on all levels.

BodyTalk is non-invasive, objective in application and works effectively on humans and animals alike

World-Wide Reach

Currently there are nearly 2000 BodyTalk Practitioners world-wide and 80 instructors teaching BodyTalk in 35 countries with translations in 8 languages. Currently these include: English, German, Italian, Swedish, Spanish, Portuguese, Japanese, and Hebrew.

The BodyTalk System provides low-cost preventive care, reduces hospital stays and lowers the cost of drug use by stimulating the body to heal faster.

Most of my clients receive both acupressure and BodyTalk, though some receive only one or the other. Of course, innate gets consulted to determine what modalities get used, but often the treatment is a combination of the two. Usually, BodyTalk is first. When someone comes in, they may often have multiple issues to be addressed. Sometimes BodyTalk will address one of the issues, and

acupressure a different issue. Sometimes BodyTalk will bring to light a particular emphasis that gets further addressed with the acupressure.

Meridians are the pathways through which a certain type of energy circulates around the body to all body parts, organs, and endocrines. There are 12 main meridians, and 2 main "extra" meridians along with 7 main chakra points. These are checked each time you come in for a session. A healthy body is one that has no blockage in either the Chakras or Meridians.

If you suffer from some of the following then give us a call:

- Arthritis
- Sports Injuries
- Sports Performance
- Emotional Disorders
- Learning Disorders
- Digestive Disorders
- Endocrine Disorders
- Chronic Fatigue
- Headaches
- Phobias
- Chronic Pain
- Stress
- Viruses
- Infections
- Allergies
- Back Pain

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